

## **The two phrases too remember are “No straw please” and “Sip Don’t Suck”**

### **What you can do to help?**

- Take your own stainless steel straw with you when visiting cafes
- Check with cafes if they have paper straws before you order your drink (if you forgot your re-useable one)
- Simply refuse the straw – you can even give a little spiel on the Last Straw and why straws suck!
- Ask your favourite café to go straw free, direct them to our FB page and website for more information
- Like our Facebook and Instagram page to keep updated with plastic news, the success of the campaign and ways that the Last Straw on the GBR is changing the mindset of people when it comes to single use plastics

### **For further information please don’t hesitate to contact us at:**

- [thelaststrawontheibr@outlook.com](mailto:thelaststrawontheibr@outlook.com)
- Facebook: “The Last Straw on the Great Barrier Reef”
- Instagram: laststrawontheibr
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